



2025 North Zone Athletics

Date: Tuesday 28 October 2025
 Postponement: Thursday 30 October 2025
 Venue: Caledonian Ground, Dunedin

Otago Championship Event Qualification Standards

Girls

Event	Age Group	Weight		Distance
Shot Put	U11	2.000kg	Orange	5.50m
	U12	2.000kg	Orange	6.00m
	U13	3.000kg	White	6.50m
	13&Over	3.000kg	White	6.75m
Discus	U11	0.750kg		12.00m
	U12	0.750kg		12.50m
	U13	0.750kg		13.00m
	13&Over	1.000kg		14.00m
Long Jump	U10			3.10m
	U11			3.40m
	U12			3.70m
	U13			3.80m
	13&Over			3.85m
High Jump	U11			1.05m
	U12			1.10m
	U13			1.20m
	13&Over			1.25m

Boys

Events	Age Group	Weight		Distance
Shot Put	U11	2.000kg	Orange	6.50m
	U12	3.000kg	White	6.50m
	U13	3.000kg	White	7.00m
	13&Over	4.000kg	Red	7.00m
Discus	U11	0.750kg		15.00m
	U12	0.750kg		16.00m
	U13	1.000kg		17.00m
	13&Over	1.000kg		17.00m
Long Jump	U10			3.30m
	U11			3.60m
	U12			3.90m
	U13			4.20m
	13&Over			4.30m
High Jump	U11			1.10m
	U12			1.20m
	U13			1.30m
	13&Over			1.35m

Competitor ages as of 1 October 2025